



The Leaders in Softball Events, Evaluations, and Measurements

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Type of Hitter	Bat Speed	Exit Speed	Hand Speed	Time to Impact
• Slappers	64 MPH	63 MPH	26 MPH	.162 sec.
• Hitters	70 MPH	68 MPH	27 MPH	.170 sec.
• Power Hitters	74 MPH	72 MPH	29 MPH	.168 sec.
Grip Strength	Right Hand – 81 lbs.	Left Hand – 79 lbs.		
Sprint Times (Slappers)	10 yd Dash – 1.490	20 yd Dash – 2.701	40 yd Dash – 4.889	
Sprint Times (Non-Slappers)	10 yd Dash – 1.587	20 yd Dash – 2.884	40 yd Dash – 5.253	
Overhand Throwing Velocity	62 – 64 MPH			
5-10-5 Shuttle (MI & OF)	4.793			

- Top 25 Program Player Average Allister Index – 87.5**
- Mountain West Player Average Allister Index – 77**
- West Coast Conference Player Average Allister Index - 77**
- Big Sky Player Average Allister Index - 75**
- Division 2 Player Average Allister Index – 66**

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