



### The Leaders in Softball Events, Evaluations, and Measurements

#### ODM Averages by Class

**\*\*Note – 15,000+ athletes have been tested since 2010. This is proprietary data belonging to OnDeck Softball and OnDeck Measurements. All rights reserved. No parts of this may be reproduced in any form or by any electronic or mechanical means without the written permission of OnDeck Measurements or OnDeck Softball**

#### 11<sup>th</sup> Grade

10 Yard Dash	20 Yard Dash	40 Yard Dash	Shuttle	Bat Spd	Hand Spd	Time to Impact	Exit Spd	Throw Velocity	R Grip	L Grip	Allister Index
1.648	3.013	5.783	5.129	66.2	26.4	0.158	63.08	58.37	74.05	71.23	76.17548

#### 10<sup>th</sup> Grade

10 Yard Dash	20 Yard Dash	40 Yard Dash	Shuttle	Bat Spd	Hand Spd	Time to Impact	Exit Spd	Throw Velocity	R Grip	L Grip	Allister Index
1.663	3.052	5.705	5.180	67.30	26.17	0.155	63.404	58.45	73.41	71.74	75.06331

#### 9<sup>th</sup> Grade

10 Yard Dash	20 Yard Dash	40 Yard Dash	Shuttle	Bat Spd	Hand Spd	Time to Impact	Exit Spd	Throw Velocity	R Grip	L Grip	Allister Index
1.663	3.051	5.671	5.179	67.33	26.60	0.146	62.746	57.382	70.3	67.94	75.31507

#### Jr. High

10 Yard Dash	20 Yard Dash	40 Yard Dash	Shuttle	Bat Spd	Hand Spd	Time to Impact	Exit Spd	Throw Velocity	R Grip	L Grip	Allister Index
1.68	3.087	5.687	5.257	65.287	26.41	0.155	61.021	56.253	66.98	64.12	71.39515